



Made by Runi



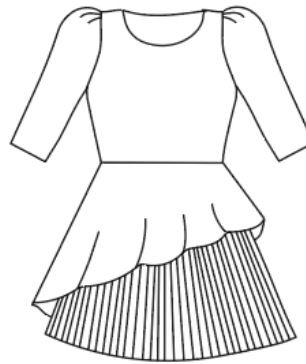
Make It Pop

Dress with a skirt with several layers, with or without tulle, along with puff-sleeves and cut-out options
Sizes 80-164



Back

Back



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Selling finished products made from this pattern is permitted on a small scale.

Before you begin:

Read through everything before you start your project.

Seam allowance is not included, add a seam allowance where two parts are sewn together.

I add a seam allowance of 7mm because I use an overlock with a seam that is 5mm wide.

Stretch fabrics such as cotton jersey are recommended for this pattern.

Pre-wash all your fabrics to account for shrinkage and avoid colour-bleeding.

Measure the test square on the first page of the pattern to make sure it's been printed out correctly.

It should be exactly 4x4 cm (eller 2x2")

Make sure you're using an up to date version of Adobe Reader.

You need:

Sewing machine

Scissors

Thread

Sewing needle for the fabric you're using (for in the sewing machine)

Wonder clips or pins

Fabric

Tulle

Binding

Measuring tape

Fabric Requirements:

The pattern does not include any seam allowance or hem. The fabric requirements are based on a fabric with a width of 150cm (120cm for the tulle). Remember to account for the seam allowance and for shrinkage when ordering your fabric. In addition to this, you will also need binding for the neckline.

Storlek/size	Bottom skirt
80-110	40cm
116-128	90cm
134-140	100cm
146-158	110cm
164	115cm

Storlek/size	Top skirt
80-116	30cm
122-146	40cm
152	80cm
158-164	85cm

Storlek/size	Top + Sleeve
80-98	40cm
104-122	50cm
128-146	60cm
152-164	65cm

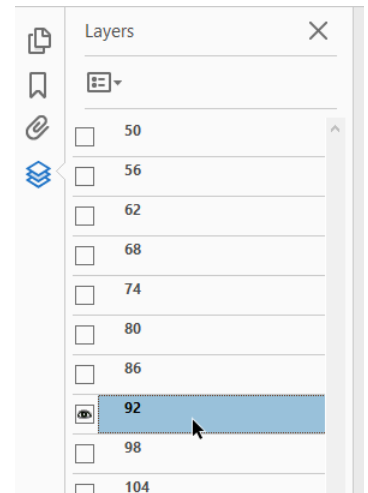
Storlek/size	Tyll / Tulle
80-104	150cm
110-128	200cm
134-146	250cm
152-158	300cm
164	310cm

Storlek/size	Middle skirt
80-134	20cm
140-164	30cm

It is possible to print specific sizes using the “layers” function in acrobat.

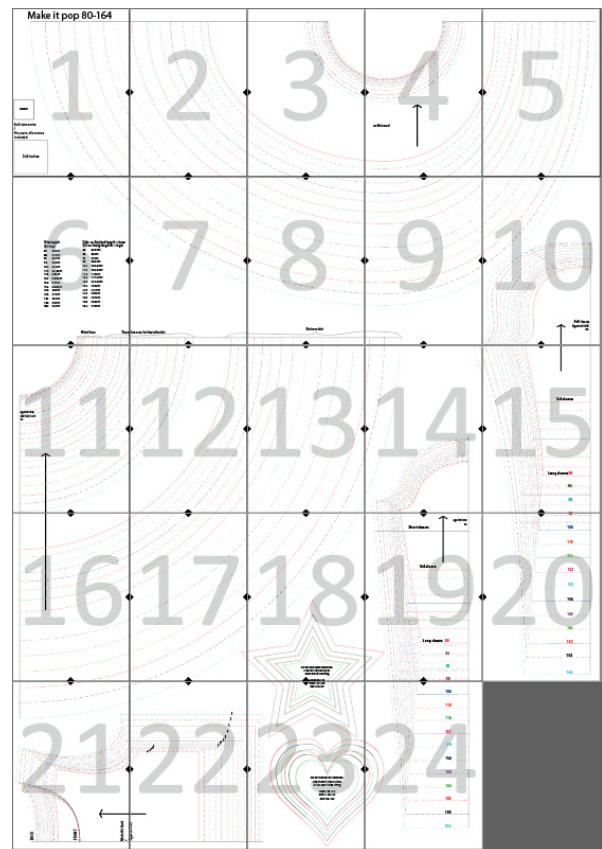
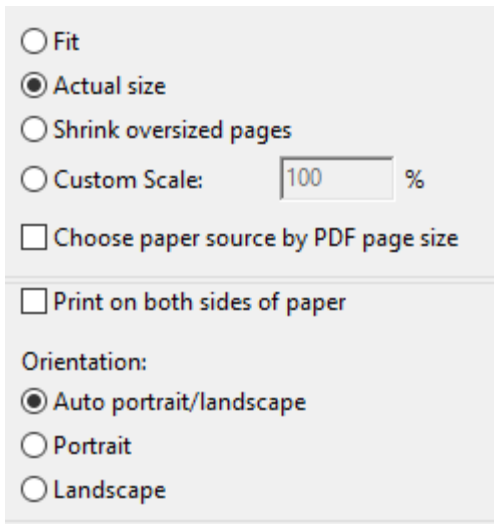
Select the “Layers” tab.

Deselect the sizes you do not want to print, but leave the last layers in the list selected.



When printing, make sure your printer settings are set to “Actual size” and “Auto portrait/landscape”.

The file can be printed on A4 or Letter.



Tape the pattern together as shown on the image to the right.

Tip: Cut off the top and left edges of each page.

Match up the lines and the triangles on each page so that they become diamonds.

Do not cut out any of the pattern pieces before taping all of the pages together.

Size = Child's length in cm

Size	80	86	92	98	104
Chest	49	51	53	55	56
Waist	49	50	51	52	53
Hip	51	53	55	57	59
Leg Inseam	29,5	32,5	36,5	40	44
Size	110	116	122	128	134
Chest	58	59	61	64	67
Waist	54	55	56,5	58	59,5
Hip	61	63	66	69	72
Leg Inseam	47,5	51	55	58,5	62
Size	140	146	152	158	164
Chest	70	73	76	80	83
Waist	61,5	63	64,5	66	67,5
Hip	75	78,5	82	85,5	89
Leg Inseam	66	69	71,5	74	77



Made by Runi

More pictures of finished creations are posted regularly on:

Instagram: @madebyruni (please use #madebyruni when you post photos of your creations made with my patterns)

Facebook: <https://www.facebook.com/madebyruni/>

<https://www.facebook.com/groups/madebyruni>

All of my patterns are available for purchase at www.madebyruni.com and several of them are available as printed patterns if you prefer.

To protect the environment, there are more tutorials for the different steps and options for my patterns available online at www.patternsbyruni.wordpress.com

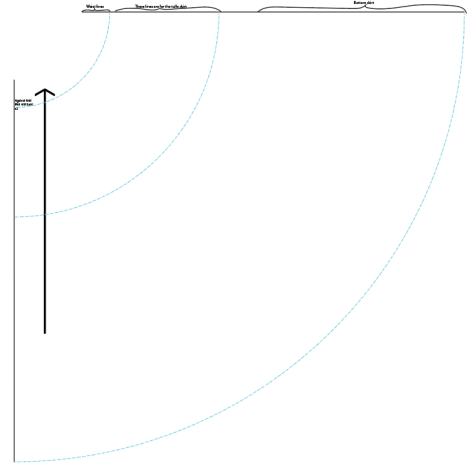
Before you cut

Choice of model

This pattern can be sewn with one (the under skirt piece), two (the upper and under skirt pieces), or all three skirt pieces.

On the pattern sheet, the two different pattern parts for the under and middle skirts are placed on top of one another (see the photo). The pattern pieces for the front piece and the back piece are also placed on top of one another on the pattern sheet.

You can sew this dress with classic sleeves or puff sleeves. There are 3 lengths for the classic sleeves, and for the puff sleeves there is a half-sleeved version and a long sleeved version. You can also sew an optional cut-out on the back piece.



Choice of size

It's important to choose the correct size for this pattern. Use the measurement table and choose the size from the child's height, breast, and waist measurements. For example, if the child is 121 cm tall and has a chest measurement of 59,5 cm and a waist measurement of 56 cm you should sew the size 122 length with the size 116 width. The model is closely fitting, but not tight.

Suitable material

This pattern is designed for tricot fabrics. The most suitable fabrics for this exact pattern are thinner tricot fabrics such as cotton jersey or CL. For the binding, you can use tricot, interlock, or cuff fabric. If you choose to also sew the middle skirt piece, you will need tulle or something similar. It works well to use either stiff or soft tulle. You will get more or less volume in the skirt depending on which type of tulle you use.

Seam allowance and hem

The seam allowance and hem allowance are not included in this pattern. They need to be added on to the places you will sew. How much seam allowance you add depends on how far from the fabric's edge you sew. It's very important to add not too much nor too little seam allowance otherwise it will affect the size of the garment. For example, if you add a 1 cm seam allowance when you cut out the pattern pieces and then sew only 0,7 cm from the edge, you will broaden the garment by 6mm at every seam. The seam allowance should be added to all the places where two pieces are sewn together with a seam but not along edges where you add binding (the neck opening). Add for a hem along the sleeve endings.

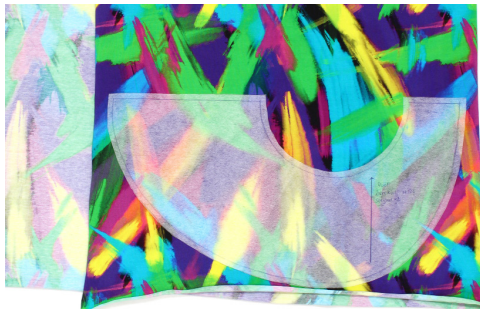
Other

In this tutorial I'm going to sew a dress with half-long classic sleeves, a cut-out on the back, with all three skirt pieces. All of the steps needed to sew this pattern are included in this tutorial, but you can choose to sew other combinations, for example a dress with whole back piece, puff sleeves, and two skirt pieces. Therefore please read through the entire tutorial before you begin.



Cut out the pieces

The pieces where it says "against the fold" should be placed against the edge of folded fabric when they're being cut out. This is illustrated on the picture of the front pattern piece.



The pieces

Other pieces which for example are for the upper part of the skirt should be cut out mirrored. This can also be done by placing them on folded fabric. These however do not need to be placed against the fold.

The seam allowance should be added to all the places where two pieces are sewn together with a seam but not along edges where you add binding (the neck opening). Add for the hem along the sleeve endings.



Pieces

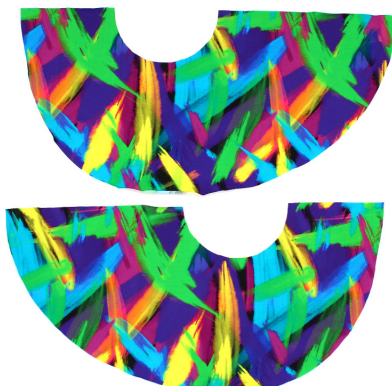
Front piece x1 (Cut out on folded fabric against the fold)

Back piece x1 (Cut out on folded fabric against the fold)

Sleeves x2 (Cut out on folded fabric against the fold)

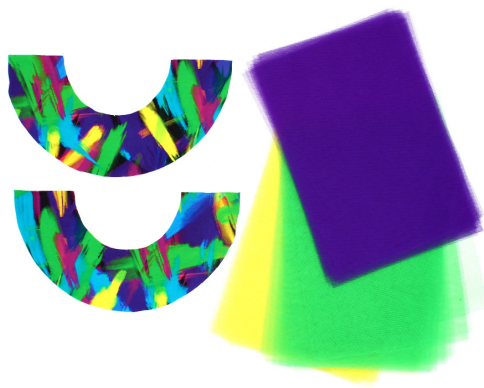
Lining for the cut-out (optional)

Binding



Pieces

Upper skirt x2 (Mirrored, ie, one front and one back piece)

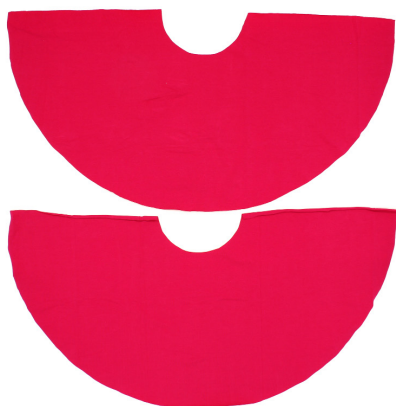


Pieces

Middle skirt x2 (Cut out on folded fabric against the fold)

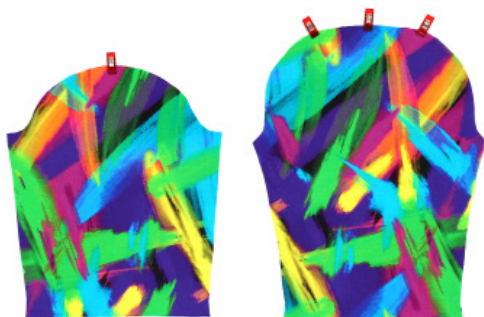
Tulle (Height according to the measurements on the pattern sheet)

I've chosen to combine 3 different colours of heavy tulle, so I've cut the tulle in 35cm wide pieces. In total, I've prepared tulle that is 6.5x longer than the measurement provided on the pattern sheet. The length depends on how wide and how tight you want to sew your tucks on the tulle. The finished length should be the length provided on the pattern sheet x2.



Pieces

Under skirt x2 (Cut out on folded fabric against the fold)



Choice of sleeves – Classic sleeves or puff sleeves

For this pattern you can choose to sew classic sleeves (to the left in the picture) or a variant of puff sleeves with counterfolds (to the right in the picture). I've chosen to sew classic sleeves, but I will also show you how to sew the counterfolds for the puff sleeves.



Add the hem on the sleeves

For this pattern I've chosen to sew a half length sleeves which I finish with a hem. How broad the hem you make is a matter of personal taste, I have chosen to add 2 cm for the hem. Since the sleeves aren't straight, it's important to remember to add a mirrored hem. The hem is the part that's under the red striped line. I've marked the mirrored part with a yellow square. It's important that the edge is mirrored otherwise the hem won't fit inside the sleeves when it's folded inward.



Sew the counterfolds on the puff sleeves – Transfer over the pattern markings

Transfer over the markings from the pattern sheet onto the sleeves. Partly the markings on the shoulder seams (the folded edge) and the markings for the placement of the counterfolds.



Sew the counterfolds on the puff sleeves – Fold the sleeves double
Fold the sleeves double so that the right side ends up against the right side and the two markings for where the counterfolds should be sewn end up in the middle of each other.



Sew the counterfolds on the puff sleeves – Mark where the seams should be sewn

I've marked with a textile pen how deep I'm going to sew to create the counterfold. I'm going to sew a seam that is 0.5 cm and even add for my seam allowance which is 0.7 cm (the seam allowance is marked with a textile pen along the rounded edge of the sleeve in the photo). In total, I'm sewing a seam that is 1,2 cm away from the edge of the sleeve.



Sew the counterfolds on the puff sleeves – Close up picture of the sewn seams

This is how it should look when the seams are sewn. I've chosen to sew with a stretch straight stitch but it works just as well to use a narrow zig-zag. Fasten the stitch well in the beginning and ending of the seam.



Sew the counterfolds on the puff sleeves – Fold the counterfold
Fold out the sleeve. Now is when we should add the marking for the
shoulder seam so that it ends up in the middle of the seam we just
sewed. This is how it should look from the wrong side.



Sew the counterfolds on the puff sleeves – Fold the counterfold
This is how it looks from the right side.



Sew the counterfolds on the puff sleeves – Pin down the counterfold
Pin down the excess fabric at the fold on the sleeve's upper edge as
shown in the picture, this is how it should look from the wrong side.



Sew the counterfolds on the puff sleeves – Pin down the counterfold
This is how it should look from the right side. If you want, you can
attach the counterfold by sewing a few stitches within the seam
allowance where I've placed clips.



Sew the counterfolds on the puff sleeves - Finished

This is how the counterfold should look when the sleeve is ready to be attached. Repeat to create a counterfold on the other puff sleeve.



Sew the counterfolds on the puff sleeves – The different sleeves

When the counterfold is sewn, the finished puff sleeve's (to the left in the picture) upper rounded edge will get the same form as the classic sleeve (to the right in the picture). Both sleeve alternatives are attached the same way. Place the sleeves to the sides for now.

The next step is to prepare the upper piece.



Sew a cut-out on the back piece

Optional step. I've chosen to sew a cut-out in the form of a star on the back piece. For a detailed description of how to sew this, see pages 27-29. Cut out the cut-out on the back piece by following the inner line on the pattern sheet. Cut the lining by cutting out the inner form along the inner line on the pattern sheet. The outer form doesn't need to be cut out precise, it's enough that the lining is at least as wide as the outer line on the pattern sheet. Do not add any seam allowance here!



Sew a cut-out on the back piece – Place the lining onto the back piece

Place the lining on top of the back piece right sides together. Make sure the cut-out's forms are placed edge to edge with each other. Pin it down and sew the lining onto the back piece by following the form. Press the lining against the wrong side and sew it down with a top stitch from the right side.



Sew a cut-out on the back piece - Finished

This is how it should look from the right side when sewing the cut-out is finished.



Sew a cut-out on the back piece - Finished

This is how it should look from the wrong side when sewing the cut-out is finished.



Sew together the bodice

Now the bodice will be sewn together.

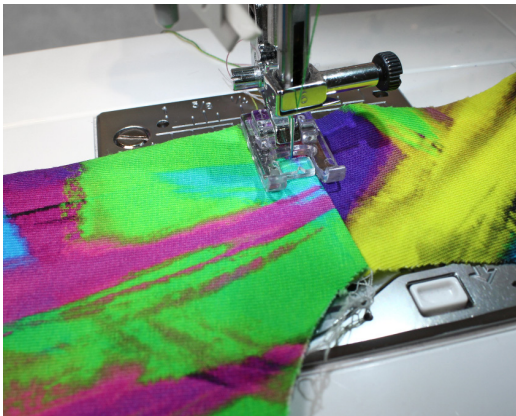


Sew together the bodice – Sew one shoulder seam

Place the front and back pieces right sides together. Pin and sew one shoulder seam where I've marked with clips.



Sew together the bodice - Sew one shoulder seam, sewn together
This is how it looks when the shoulder seam is sewn.



Topstitch

Optional.

To get beautiful flat seams, I stitch down the seam allowance by sewing a stretch stitch 4-5 mm from the edge between the sewn together pieces. I use a straight stretch stitch, but it works equally well to use ie. Twin needle, coverstitch, or a small zig zag. I sew on the right side, through the seam allowance which I pressed against the backside. I will do this continuously throughout the project.



Sew together the bodice – Bind the neck opening

Now one shoulder seam is sewn and the seam allowance is sewn down with a topstitch. Now we will bind the neck opening. If you're binding manually, there's a description on pages 30-31.



Sew together the bodice - Bind the neck opening, sewn together

This is how it should look when the neck opening has binding. The next step is to sew the other shoulder seam.



Sew together the bodice – Sew the other shoulder seam
Place the front and back pieces right sides together. Pin and sew one shoulder seam where I've marked with clips. I've chosen to sew this with a straight stretch stitch on my household sewing machine because I get more control and can easily sew a tidy finish on the binding. It even works to sew it with an overlock and just stitch down the seam allowance if you prefer.



Sew together the bodice – Finish the binding
Now that the shoulder seam is sewn, the next step is to attach the excess pieces of the binding.



Sew together the bodice - Finish the binding
Cut off everything except for approx. 3-4 mm of one of the two excess bits of binding.



Sew together the bodice - Finish the binding
Fold the long binding piece over the other so that it covers the pieces that we just cut off.



Sew together the bodice - Finish the binding

Attach the finishing bit of binding by sewing it from the right side through both layers of binding. Even here I'm using a straight stretch stitch, but your choice of stretch stitch works fine too, just make sure to fasten it well at the beginning and end of the seam.



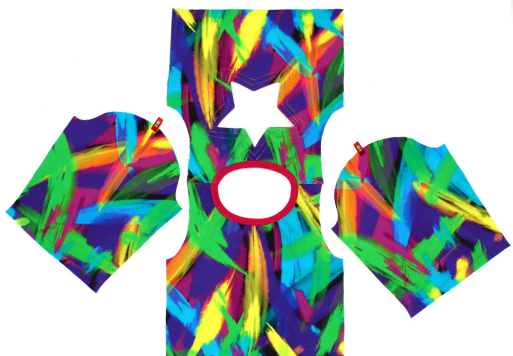
Sew together the bodice - Finish the binding

This is how it looks when the binding is finished.



Sew together the bodice - Finish the binding

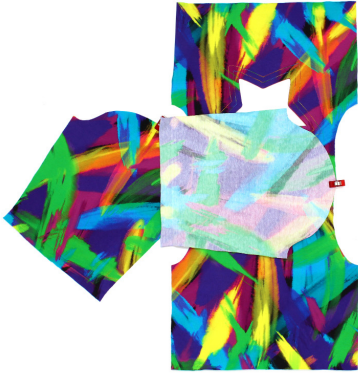
Now that the binding is attached, you can cut off any excess binding bits beside the seam you just sewed.



Sew together the bodice - Attach the sleeves

This is how it looks when both shoulder seams are sewn and the binding is on the neck opening.

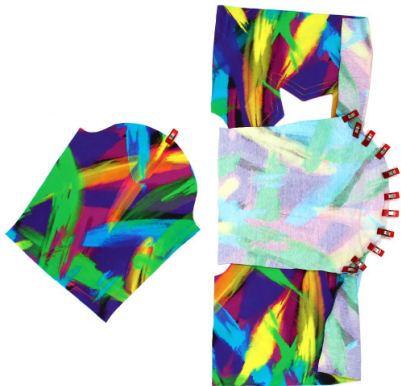
The next step is to sew the sleeves. I've marked the middle of the sleeve's rounded upper edge with a clip on each sleeve.



Sew together the bodice – Pin the sleeves

Now we'll pin the sleeves. Place the sleeves against the bodice, right sides together.

To easily get an even placement, I usually begin by pinning the middle point of the sleeve's rounded upper edge at the shoulder seam.



Sew together the bodice - Pin the sleeves

Pin the sleeves evenly in the sleeve openings. Sew where I've marked with clips.



Sew together the bodice – One sleeve is sewn

This is how it should look when the sleeve is sewn.



Sew together the bodice - Pin the other sleeve

Pin the sleeve evenly in the sleeve opening the same way as before. Sew where I've marked with clips.



Sew together the bodice – Sewn together
This is how it looks when the sleeves, front piece, and back piece are all sewn together.

The next step is to sew the side seams.



Sew together the bodice – Sew the side seams

Place the front piece and back piece right sides together. Pin the entire way from the beginning of the sleeve down to the bottom edge of the bodice. Sew the side seams where I've marked with clips.



Sew together the bodice - Sewn together

This is how it should look when all the bodice's pieces are sewn together.

The next step is to hem the sleeve endings.



Hem the sleeves – Fold in the hems

Fold in the hems against the sleeve's wrong side. Hold the hems in place with pins or clips. I'm using a 2 cm wide hem on each sleeve.



Hem the sleeves – Sew the hems

Sew the hem with your choice of stretch stitch, ie. zig-zag, twin needle, decorative, or a coverstitch, 2 cm (adjust by how much of a hem you're added) from the folded edges where I've marked with clips. Since the sleeves are quite small, I sew the hems by turning the garment inside out and I sew with the machine's presser foot inside the sleeve.



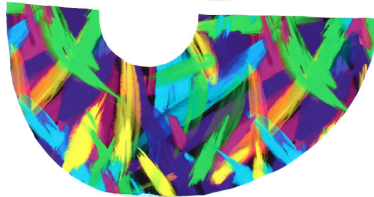
Hem the sleeves - Sewn together

This is how the bodice looks once it's finished. Place it to the side while we sew the skirt together.



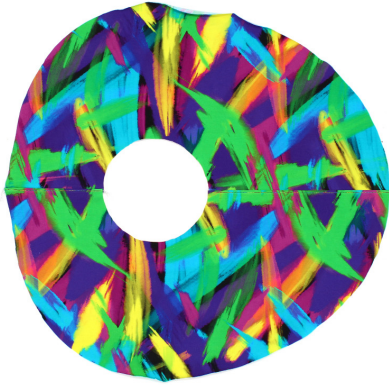
Sew together the upper skirt

Now we will sew the upper skirt.



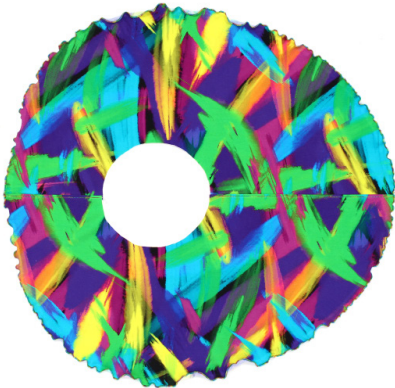
Sew together the upper skirt – Pin the skirt waves

Place the skirt waves right sides together, pin the side seams. Sew where I've marked with clips.



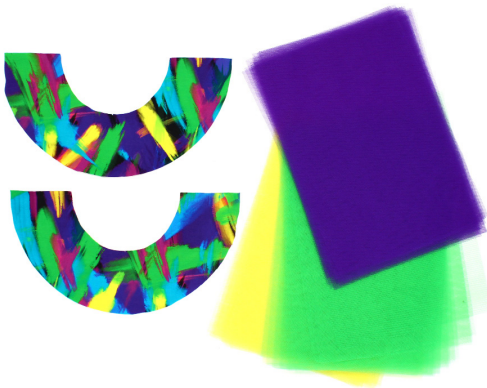
Sew together the upper skirt – Sew the rolled hem

This is how it should look when the upper skirt is sewn together. The next step is to finish the skirt's edge by sewing a rolled hem. Follow the instructions for rolled hems in your sewing machine's instruction manual.



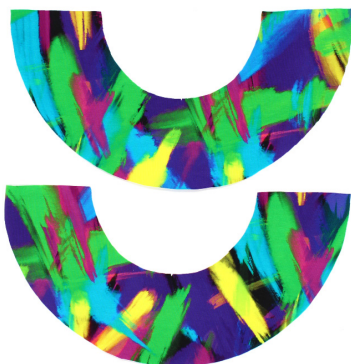
Sew together the upper skirt - Sewn together

This is how it should look when the upper skirt is finished. Place it to the side while the other skirt pieces get sewn.



Sew together the middle skirt

Now we will sew the middle skirt piece, this is the skirt piece where the tulle will be sewn.

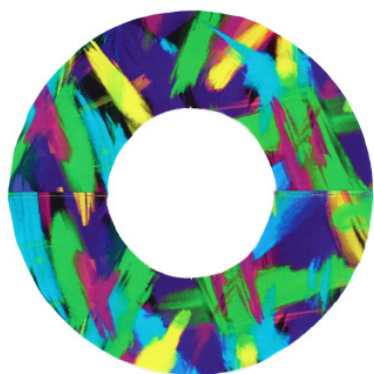


Sew together the middle skirt – Sew together the jersey piece

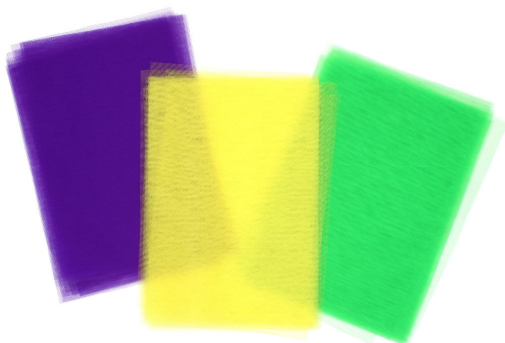
Start by sewing together the pieces that make up the over part of the middle skirt.



Sew together the middle skirt - Pin the skirt waves
Place the skirt waves right sides together, pin the side seams. Sew where I've marked with clips.



Sew together the middle skirt - Sewn together
This is how it should look when the upper jersey part of the middle skirt is sewn together. The next step is to sew tucks on the tulle.

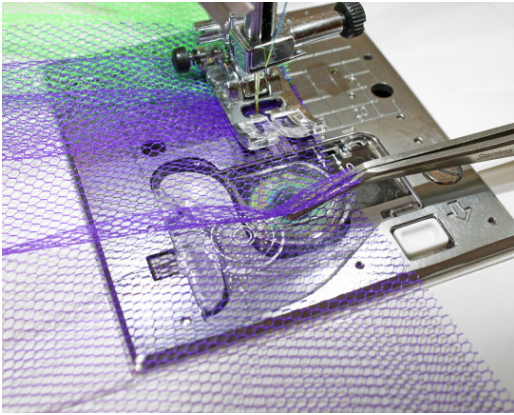


Sew together the middle skirt – Sew tucks on the tulle
Cut out the tulle in strips, the height is indicated on the pattern sheet. How wide these strips should be depends on how broad and how closely you sew the tucks. As a rule of thumb, I calculate that I need 3.5x as much tulle as the measurement on the pattern sheet. I've chosen to combine 3 different colours of heavy tulle, so I've cut the tulle in 35cm wide pieces. It works equally well to just use one colour and use the entire width of the fabric.

Don't forget that we will sew two layers of tulle.

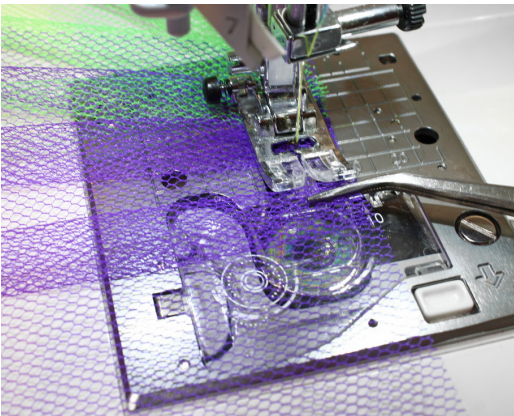


Sew together the middle skirt – Overlap the tulle pieces
In order to get a tuck-finished tulle with the correct width, you most often need to join the pieces of tulle. I do this by overlapping the pieces of tulle. The taller the tulle is, the more overlapped the pieces need to be so that it won't leave any gap between the pieces of tulle on the outer edges of the skirt. I'm sewing size 122 and will therefore overlap my tulle pieces 8-10 cm.



Sew together the middle skirt - Sew tucks

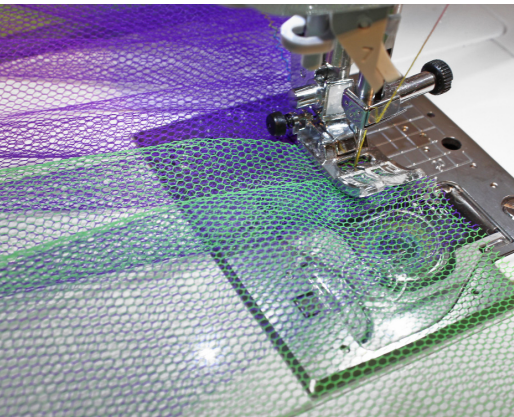
I'm going to sew the tucks manually on my household sewing machine. There are even special presser feet one can use. I sew tucks by using a narrow zig-zag which I sew along the edge of the tulle. I'm using tweezers and pinching together the tulle so that I get a folded layer which is approximately 1cm wide.



Sew together the middle skirt - Sew tucks

Then I fold down this folded layer toward the presser foot and attach it by sewing out along the edge. I immediately create a new fold by again pinching together the tulle in a folded layer and then fold it toward the presser foot. Continue to tuck the tulle the same way. I try to do my tucks approximately 1cm broad and place them beside each other.

The denser and narrower the tucks are, the more filling the effect will be.



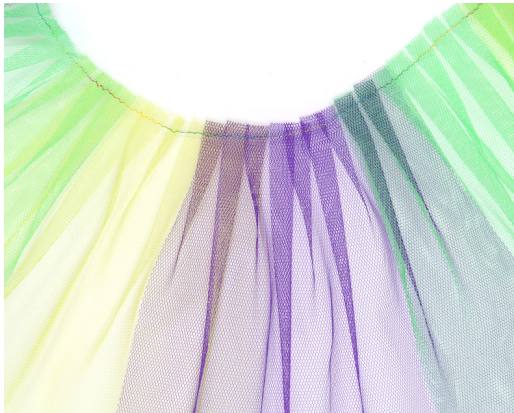
Sew together the middle skirt - Sew tucks

When I come to a joint, I continue to sew the tucks the same way as before, but I make sure to get both layers of tulle in the joint/tuck. Sew together and tuck the tulle so that you get two pieces of the length provided on the pattern sheet.

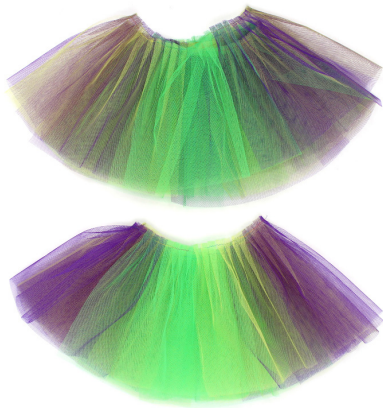


Sew together the middle skirt - Sewn together

This is how it looks when the tulle is tucked.



Sew together the middle skirt - Sewn together
Close-up picture of the tucks.



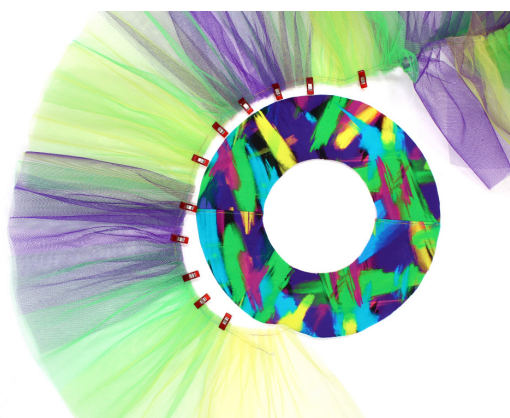
Sew together the middle skirt – Sew two layers of tucked tulle
Sew together and tuck the tulle so that you get two pieces of the length provided on the pattern sheet. I choose to sew my tucked lengths of tulle a little longer in order to be sure that it's enough for the entire way around.



Sew together the middle skirt – Pin together the two layers of tulle
Place both of the tucked tulle layers on top of each other and pin them together along the upper edge. If you prefer, you can replace the clips with a stretch stitch along the upper edge, you can use a narrow zig-zag stitch for example.



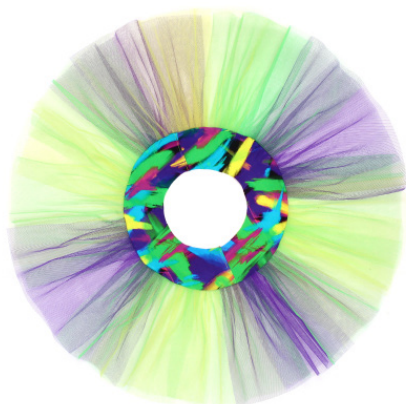
Sew together the middle skirt – Pin together the two layers of fabric
To get a less obvious edge where the tulle is overlapped when you sew it onto the jersey piece of the middle skirt, you can pin together the two tucked pieces of tulle slightly offset from each other. I've chosen to pin the upper tulle layer approximately 5-10 cm from the edge of the under tulle layer.



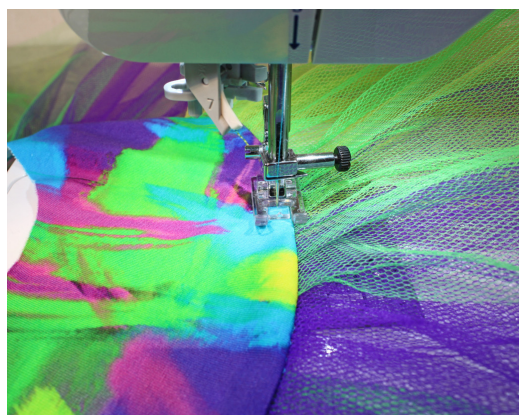
Sew together the middle skirt - Sew the tulle onto the jersey layer
Now we will sew the tulle along the jersey piece of the middle skirt in the same way you sew lace onto a dress's hem. I don't usually pin the tulle, I just make sure that I have enough tucked tulle before I start sewing and then I place the tulle on place as I sew. Place the tulle so that it's on the jersey piece's right side, the folded edge of the tulle should be placed along the outer edge of the jersey piece. I start by sewing the part of the tulle where I placed the two tulle layers slightly offset from each other.



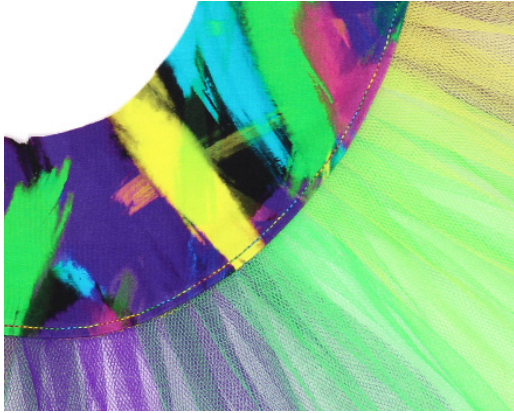
Sew together the middle skirt - Sew the tulle onto the jersey layer
Since the skirt's bottom edge isn't entirely straight, I pull a carefully a little on the tricot skirt while I sew, but not on the tulle. This is in order to be sure that the tulle doesn't fold itself inward once the garment is finished (the outer edge of the tulle should be a bit longer than the inner edge that I'm sewing on the jersey piece of the middle skirt). Continue sewing so that the tulle is attached along the entire edge of the jersey piece. I finish it off by continuing to sew the tulle so that it overlaps itself by a few centimeters.



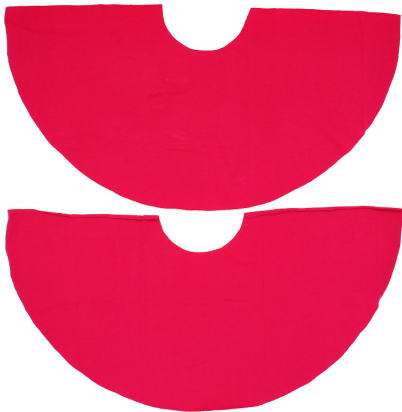
Sew together the middle skirt - Sewn together
This is how it should look when the tulle is sewn onto the tricot piece of the middle skirt. I press the seam allowance so that it is placed along the jersey piece's wrong side. Be a bit careful with the iron so that the tulle doesn't melt from the heat.



Sew together the middle skirt - Stitch down the seam allowance
Stitch down the seam allowance between the tulle and jersey piece by pressing the seam allowance against the jersey piece's wrong side and sew it with a stretch stitch 4-5 mm away from the edge of the sewn together edges. I'm using a straight stretch stitch, but it works equally well to use ie, twin needle, coverstitch, or a narrow zig-zag.



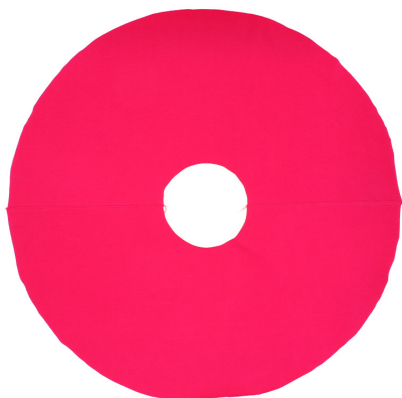
Sew together the middle skirt - Sewn together
This is how it looks when the topstitching is finished. Now the middle skirt is finished. Place it to the side for now.



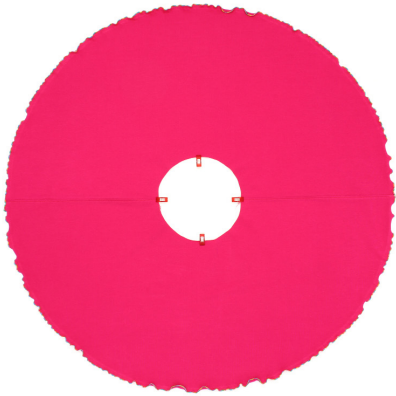
Sew together the under skirt
Now we will sew together the under skirt.



Sew together the under skirt - Pin the skirt waves
Place the skirt waves right sides together, pin the side seams. Sew where I've marked with clips.



Sew together the under skirt – Sew the rolled hem
This is how it should look when the under skirt is sewn together. The next step is to finish the skirt's bottom edge with a rolled hem. Follow the instructions for rolled hems in your sewing machine's instruction manual.



Sew together the under skirt - Sewn together

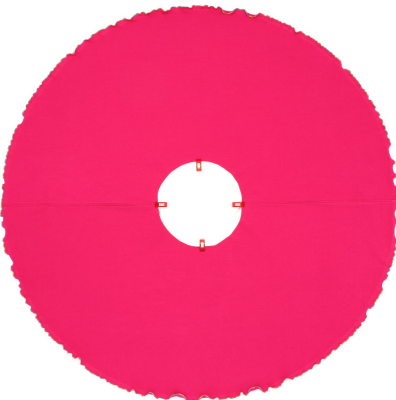
This is how it should look when the under skirt is finished.

Now the skirts will be sewn onto the bodice and then the dress will be finished.



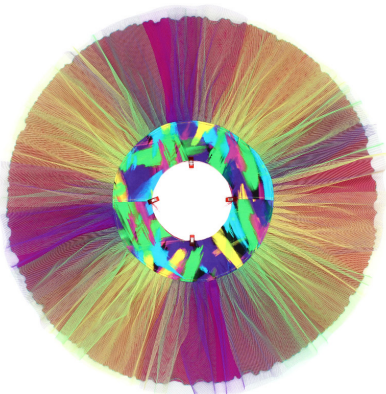
Sew together the skirts on the upper part

Now we'll sew the three skirt layers onto the bodice. To easily pin them together evenly, I mark the side seams and the middle of each of the fronts and backs with clips on every skirt piece.



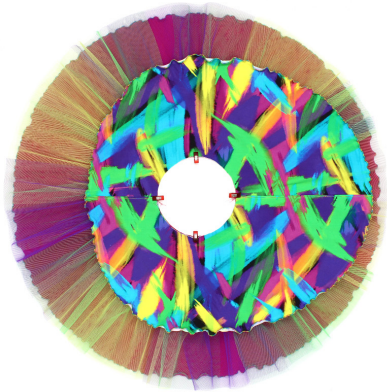
Sew together the skirts on the upper part – Under skirt

Place the under skirt with the right side up.



Sew together the skirts on the upper part – Middle skirt

Place the middle skirt onto the under skirt. The wrong side of the middle skirt should be placed against the right side of the under skirt. Place the skirt pieces so that the markings for the side seams, middle front, and middle back end up on top of each other.



Sew together the skirts on the upper part – Upper skirt
Place the upper skirt onto the middle skirt. The wrong side of the upper skirt should be placed against the right side of the middle skirt. Place the skirt pieces so that the markings for the side seams, middle front, and middle back end up on top of each other.



Sew together the skirts on the upper part – Pin the skirts onto the bodice
Now the skirts will be pinned onto the bodice. I start by marking the side seams and the middle of the front and back with clips.



Sew together the skirts on the upper part - Pin the skirts onto the bodice
Turn the skirts so that they're inside out.



Sew together the skirts on the upper part - Pin the skirts onto the bodice
Place the bodice inside the skirts right sides together. Match the side seams, and the middles of the fronts and backs.



Sew together the skirts on the upper part - Pin the skirts onto the bodice
Pin evenly around and sew where I've marked with clips.
Make sure that you're sewing through all four layers as you sew.



Finished

The fabrics used for this dress are from
Silent Hills Textiles.

Binder and binding used are from Erikas syskrin.

The sewing machines used for this tutorial are from JUKI Sverige.

Tutorial by: Helena Persson, Skurkan

Tutorial translated to English by: Jenna Lee Iwanchuk

How to sew a cut-out

Cut out the lining for the cut-out



When you cut out the lining for the cut-out (star or heart) it's important that the inner form follows the pattern. Seam allowance should not be added on the inner edge on neither the lining nor the back piece. The outer form doesn't need to be cut out evenly, but you need to make sure to have at least 2.5 cm from the inner edge all over, the rest will be trimmed away after it's been sewn on. The inner form is even cut out on the back piece, place the form at least 3 cm from the upper edge.



Sew the cut-out - pieces

Start by sewing the cut-out form on the back piece. You need the back piece and the lining.



Sew the cut-out – Place the lining on the back piece

Place the lining on the back piece right sides together. Make sure that the cut-out's forms are placed edge to edge with each other. Pin and sew the lining against the back piece by following the form.



Sew the cut-out – Sew the lining

This is the only pattern piece where the seam allowance is already added.

Follow the form on the cut-out and sew the lining against the back piece with a straight stretch stitch or a narrow zig-zag. The seam should be sewn 0.75-0.8cm from the edge (standard measurement for a presser foot's width). In this step it's worth it to sew slowly and carefully to get a nice form when the cut-out is finished.



Sewn together

This is what it should look like when you have finished sewing. The next step is to cut jacks in the seam allowance.



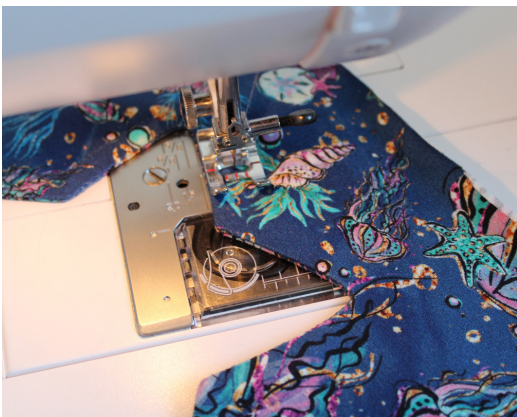
Sew the cut-out – Cut jacks in the seam allowance

To be able to turn the lining toward the backside, the seam allowance needs to be trimmed a little. Cut off the seam allowance on the tops of the tips which point inward, cut near the seam, but not through it (marked with red). Cut off part of the seam allowance in the tips that point upward, cut a V-form near the seam but not through it (marked with green). Do this for all the tips on the star.



Sew the cut-out – Turn the lining toward the inside

Turn the lining so that it ends up on the inside, the lining and the back piece should be wrong sides together. Make sure to press out all the tips so that you get nice edges on the star. Press with an iron so that the seam allowance lays flat and pretty.



Sew the cut-out – Topstitch the lining

Sew down the lining by sewing through both the back piece and the lining. Sew along the edge with a straight stretch stitch or a narrow zig-zag. Sew 0.75-0.8 cm from the edge (one presser foot's width).

How to sew a cut-out



Sew the cut-out - Topstitch the lining, one more lap around
Sew another topstitch. Sew 1.5-1.6 cm from the edge.



Sew the cut-out – Cut off the excess fabric
Cut off the excess fabric from the lining by carefully cutting along the outside of the topstitches.



Sewn together
This is how the cut-out looks when it's finished. The next step is to sew together the bodice.



Binding

Measure the opening or edge where you're going to add the binding.



Measure

Mine measures 14cm long.

Take your measurement and multiply by 0.8 (or 0.75 if it is ribbing)
For me it means: $14 \times 0.75 = 10.5\text{cm}$. I cut out 2 strips which are 10.5×4 (length*width) because I'm going to bind pocket openings.



Pin and sew

Right sides together, pin the ends first, stretch it out so that you can pin it evenly along the entire binding strip. If it's a long piece, I usually divide it in the middle a few times to be able to distribute the binding evenly. Sew.



Fold it over

Then I fold over the binding, and I pin it down once again starting at the outer edges. I then sew it down with a stretch stitch, a narrow zig-zag in my case. This results in a narrow binding, so on the next page I will show how you can make it a bit wider.



Cut off the excess

Cut off the excess fabric on the backside (or cut a narrower strip next time).

Adore your beautiful handywork.



For wider binding

Before I fold it over, I sew a straight stitch along the entire binding strip, approximately 1 cm from the edge.



Fold it over

After I've folded it over, it results in a binding which is approximately 1 cm wide. Sew it down with a decorative stitch or a stretch stitch.



Finished!

Here, a 4cm strip of binding turned out to be an absolutely perfect width.