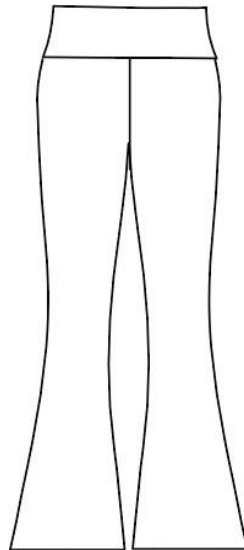




Made by Runi

# Nostalgia Pants

Casual pants with waist cuffs  
Size 80-164



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You may not make duplicate copies of either the printed pattern, or the PDF file to share.

You are not allowed to sell, trade, or share this pattern in any form.

Small home based business are allowed to sell finished items made from this pattern.

**Before you start:**

Read all instructions before starting on your project

Seam allowance is NOT included, add your preferred seam allowance to all sides except on the fold, where you will add binding, or where advised not to in the cutting instructions.

I usually have a 7 mm seam allowance since I use a Serger with a seam that is 0,5 mm wide.

A stretchy knitted fabric like CL is suitable for this pattern.

Prewash all fabrics before sewing to avoid colour bleeding and shrinking.

Measure the test square on the first page to make sure you printed it correctly.

It should measure exactly 4x4 cm (or 2x2")

Make sure you are using the most up to date version of Adobe Reader.

**You will need:**

Sewing machine

Scissor Thread

Ballpoint needle (in machine)

Wonder clips or pins

Fabric

Measuring tape

**Fabric requirements:**

The pattern does not include seam allowance. Fabric requirements are based on fabric with a width of 150cm.

Remember to factor in your seam allowance and shrinking of your fabric when ordering fabric.

In addition to the amount shown, you will need fabric for the waist cuff

Strl/Size	Length in cm
80-92	50cm
98-110	60cm
116-122	70cm
128-140	80cm
146-152	90cm
158-164	100cm

## Measurement chart

Size = Child's length in cm					
Size	80	86	92	98	104
Chest	49	51	53	55	56
Waist	49	50	51	52	53
Hip	51	53	55	57	59
Leg Inseam	29,5	32,5	36,5	40	44
Size	110	116	122	128	134
Chest	58	59	61	64	67
Waist	54	55	56,5	58	59,5
Hip	61	63	66	69	72
Leg Inseam	47,5	51	55	58,5	62
Size	140	146	152	158	164
Chest	70	73	76	80	83
Waist	61,5	63	64,5	66	67,5
Hip	75	78,5	82	85,5	89
Leg Inseam	66	69	71,5	74	77



Made by Runi

More photos of finished pants and more of my designs are posted regularly on:

Instagram: @madebyruni (please tag #madebyruni when you post photos of your creations)

Facebook: <https://www.facebook.com/madebyruni/>  
<https://www.facebook.com/groups/madebyruni>

All my patterns are available for purchase at [www.madebyruni.com](http://www.madebyruni.com) several of them are also available as physical prints for those who prefer that.

More tutorials and options on: [www.patternsbyruni.wordpress.com](http://www.patternsbyruni.wordpress.com)

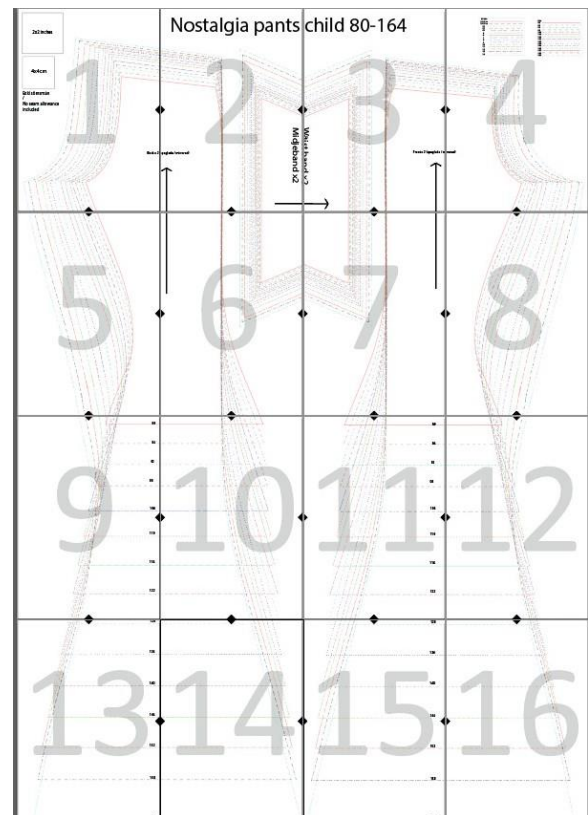
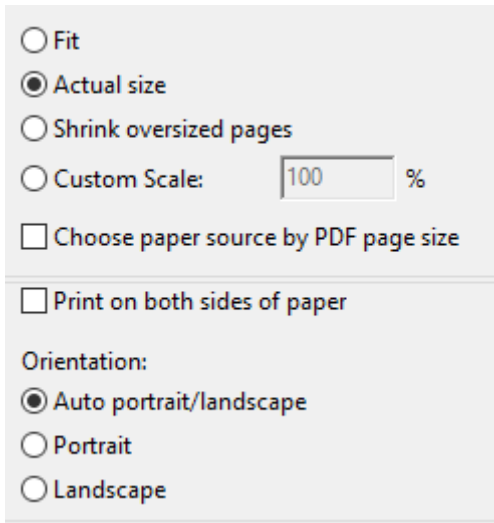
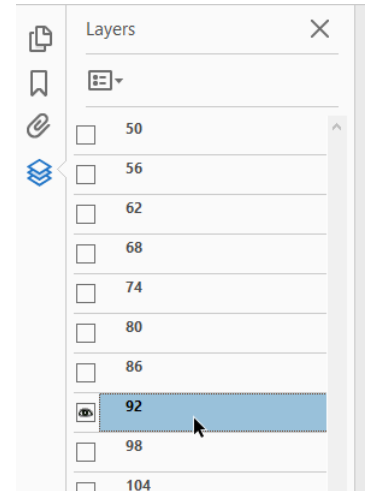
It is possible to print only certain sizes using the “layers” function in acrobat.

Select the “Layers” tab.

Deselect the sizes you do not want to print, leave the last layer selected

When printing make sure your printer settings are set to “Actual size” and “Auto portrait/land- scape”

The files can be printed on Letter and A4.



Tape the pattern together as shown to the right

Tip: Cut off the top and left edge of each pattern piece.

Line up each line so the triangles meet and form a diamond.

Do not cut out pattern pieces before taping all of the pages together.



## Before you start

This pattern is for fitted pants with a high waist and flared legs

**IMPORTANT:** Be careful to follow the measurement table. It may be necessary to combine sizes to get the right fit.

The pants are finished with a hem and the waist with a waist cuff. You need to ensure that your waist cuff has sufficient recovery that they will not slip during wear. Fabric with 5% or higher elastane is a great choice for the waist cuff. I have chosen to sew the entire pair of pants, including the waist cuffs, in cotton jersey with approx. 5% elastane.



## Cut out all the pieces.

For this pattern **NONE** of the parts should be cut on the fold, so all pattern pieces can be cut from a single layer of fabric. However, all parts should be cut into two mirrored parts. This is most easily done by cutting them on folded fabric. However, the parts do not need to be placed on the folded edge. Illustrated on the pattern part for the back piece in the photo on the left. Seam allowance should be added at all places where two parts are sewn together.



## Adding to the pattern for hemming

The bottom of the legs should be finished with a hem. How wide a hem you want is a matter of taste, I have chosen to add 2,5 cm for hemming. What is especially important to consider for this pattern, where the legs wide at the bottom, is to add a hem where the edge is mirrored. The hem is the part below the yellow dotted line in the photo on the left. It is important that the edge is mirrored otherwise the hem will not fit inside the leg when folded.



## Pieces

Front pieces x 2 (Mirrored, 1 right and 1 left)

Waist cuff x 2



**Pieces**

Back pieces x 2 (Mirrored, 1 right and 1 left)



**Sew the front crotch seam**

First, the front crotch seam should be sewn



**Sew the front crotch seam**

Place the front pieces right sides together, pin and sew with a stretch stitch where I have marked with clips.



**Sew the front crotch seam**

Close up



**Sewn**

This is what it should look like when the front crotch seam is done.



**Sewn**

Close up



**Sew the back-crotch seam**

The back-crotch seam should be sewn in the same way as the front crotch seam



**Sew the back-crotch seam**

Place the back pieces right sides together, pin and sew with a stretch stitch where I have marked with clips.



**Sewn**

This is what it should look like when the back-crotch seam is done.



**Sew the side seams**

The next step is to sew both side seams.



**Sew the side seams**

Place the front and the back, right sides together, pin and sew with a stretch stitch where I have marked with clips.



**Sewn**

Next step is to sew the inner leg seams.





### Sew the inner leg seams

Align the inner leg seams with right sides together, pin and sew with a stretch stitch where I have marked with clips. Be careful when lining up the crotch seams, so that they meet.



### Sewn

Now, the pants themselves are done.

Next up is to sew the waist cuff.



### Sew the waist cuff

The two parts of the waist cuff must be sewn together at the short sides, so that they form a ring.



### Sew the waist cuff

Place the two pieces of the waist cuff right sides together, pin and sew where I have marked with clips.



### **Sew the waist cuff**

This is what it looks like from the right side, when the two parts for the waist cuff are sewn into a ring.

Now you must fold the waist cuff so that the seams will end up on the inside of the cuff when it is folded.



### **Sew the waist cuff**

Fold the waist cuff so that the long sides meet, ie the cuff should be folded so that the wrong side are on the inside of the folded cuff. The end result will be a tubular cuff in double layers of fabric with right sides out.

In order to distribute the waist cuff evenly when sewing, I have marked the waist cuff in even quarters with clips.



### **Sew the waist cuff**

The waist cuff is divided into four parts and marked with clips. Do the same with the waistline of the pants by inserting a clip in the front seam, back seam and in each side seams.



### **Sew the waist cuff**

Place the cuff inside the pants, so that the edge ends up right at the edge of the pants. Pin it by matching the markings you made earlier. Place the side seams on the waist cuff so that they meet the side seams on the pants.



### **Sew the waist cuff**

Pin around the waistline to evenly distribute the waist cuff and sew where I have marked with clips.

When sewing it, make sure to stretch the cuff NOT the pants.



### **Sewn**

This is what it should look like when the waist cuff is sewn on to the pants.

All there is left to do is to hem the pants, and then they are done.



### **Hem the pants**

As I am making the pants in a size 122, the legs of the pants are so big that I can easily hem the pants with the right side facing out.

If you are making a smaller size, you can instead flip the pants so that the wrong side is facing out to make it easier access to sew the hem



### **Hem the pants**

I added 2.5 cm for hemming when I cut out the pieces for the pants. To get a smooth and fine hem, I recommend pressing the hem with an iron before the hem is sewn. Hold the hem in place with needles or clips.



### **Hem the pants**

Sew the hem with an optional stretch stitch of your choice, like a zigzag, a twin needle stitch, a decorative stitch or a cover stitch, 2.5 cm from the folded edges where I have marked with clips.



### **Done**

The fabrics used for this tutorial are from Elin Aarenstrup. The machines used for this tutorial are from JUKI Sweden.

This tutorial was created by Helena Persson, Skurkan