

Hood and neck-cowl tutorial



Made by Runi

Getting started:

Start with tracing the size you're going to sew. Since people vary in the amount of seam allowance they are comfortable with, I've chosen not to include any in the pattern and let you decide. Add seam allowance where you will sew together two pieces. Do not add allowance where you're going to add binding.

I usually have a seam allowance of 0.6 cm since I use a serger with a seam that's 0.5cm wide.



The hood and cowl will be cut on the fold, one outer fabric and one lining.

When it comes to choosing the fabric for the lining you can use the same material as the main fabric or choose something warmer like French terry or merino wool.



The hood parts should look like this after cutting.

The following steps for adding the eyelets is the same on both the hood and the cowl if you want to add a string.

I make two squares that are about 4-5cm. How big you make them is a personal preference but I like it when they are noticeable. You do not need to have squares or lacing at all if you do not want to. You can also put the eyelets on without a square.

As usual I am lazy and use glue to keep the squares in place.



Then I sew around the square and straight over to make a cross in the middle.



When this is done, I will fold them so that the midpoint of the cross end up as the photo and cut a small hole at the tip of the corner.



I put the eyelets on according to the instructions on the package and, as you can see, it is not always smack in the middle of the cross, but it does not matter much other than it can be aesthetically disturbing. I like using eyelets that are 5mm large.



When this is done, I sew the back seam together on both the outer and inner part of the hood.



Then I put one inside the other, right sides together and sew around.



Turn it out to make it as in the picture.



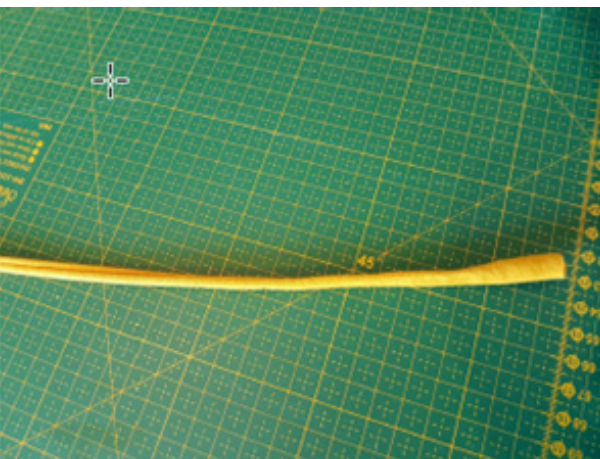
When attaching the hood, I think it's easiest to mark the front and back center. I make sure that the shoulder seams overlap to easily find the middle points. Then I cut a small notch there to mark it. This may not be needed if you use needles or clips, but I do not use any when sewing this.



Then put the hood inside the dress/shirt, right sides together.



If you made the notch, it's quite easy to find front center. I usually start there to be certain that the eyelets end up the same distance from the front center.



The string is made by taking a thinner strip of jersey (about 3cm wide, but I never measure).

Then I pull hard on and it rolls up like this.



Then I take a needle and thread it through the hood's edging and tie it afterwards in both ends. I personally have a 3 year old who would strangle me way too often if I had this all around my neck so I only use it as a visual feature, just through the front instead of all around. For children I DO NOT recommend having a string around the neck.



The neck-cowl has the same principle as the hood. It is cut into 2 parts against the folded edge.

To add eyelets follow the instructions for the hood.

Then sew together back seam on both parts. For this I chose to have merino wool as the lining because I'm usually cold.



You put one inside the other, right sides together, and sew the top seams together. And then just sew it to the dress/shirt the same way as the hood.

More photos of finished items and more of my designs are posted regularly on:

Instagram: @madebyruni (please tag #madebyruni when you post photos of your creations)

Facebook: <https://www.facebook.com/madebyruni/>
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All my patterns are available for purchase at www.madebyruni.com several of them are also available as physical prints for those who prefer that.

More tutorials and options on: www.patternsbyruni.wordpress.com